

COUNCIL OF EUROPE

CONSEIL DE L'EUROPE

Strasbourg, 3 October 1985

DS-DO (85) 5

COMMITTEE FOR THE DEVELOPMENT OF SPORT



COE179338

5th Meeting of the expert group
on the Anti-Doping Charter for Sport

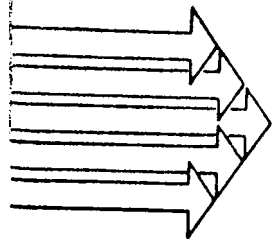
Strasbourg, 19-20 November 1985

GAISF Enquiry into Doping amongst the international sports federations

Results presented by GAISF

Note by the Secretariat

Members of the group will remember that at its December 1984 meeting, after discussion of the real reasons why athletes were tempted to take dope, GAISF kindly offered to conduct an enquiry amongst its members. (cf DS-DO (84) 3, paragraph 5.5) The questionnaire was sent out on 9 April 1985. The Secretary General of GAISF has presented the results of this enquiry in the accompanying document.



AGFIS
Association Générale
des Fédérations Internationales de Sports

GAISF
General Association
of International Sports Federations

STATISTICAL ANALYSIS OF DOPING QUESTIONNAIRE

	Number	%
Federations circulated	65	100
Federations returning	40	61,5

1) See Appendix.

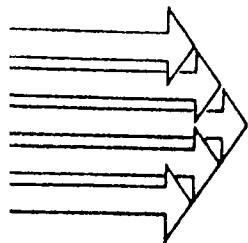
(8 Federations only answered the first question, 3 of them being Associate Members or Multisports, the others having no experience in the field).

The remaining 32 Federations are divided as follows :

- 2) Do you think that the following aspects of your sport could lead an athlete to take dope ?
- a) too high selection standards ?
 - b) too hard training standards ?
 - c) too many competitions ?
- 3) Did you already ask the **Medical Commission** of your Federation :
- a) to deal with these problems ?
 - b) if not, do you intend to do so ?
 - c) do you see any other dispositions ?
- 4) Did you already introduce **some regulations** about :
- a) amount of competitions ?
 - b) length of competitions ?
 - c) period between competitions ?
 - d) other regulations in order to safeguard the athlete's health ? ...

	YES	%	NO	%	N.A.	%
a) too high selection standards ?	4	12,5	26	81,2	2	6,3
b) too hard training standards ?	3	9,4	26	81,3	3	9,4
c) too many competitions ?	1	3,1	29	90,6	2	6,3
a) to deal with these problems ?	18	56,3	12	37,5	2	6,3
b) if not, do you intend to do so ?	3	9,4	9	28,1	20	62,5
c) do you see any other dispositions ?	1	3,1	14	43,8	17	53,1
a) amount of competitions ?	12	37,5	15	46,9	5	15,6
b) length of competitions ?	14	43,8	14	43,8	4	12,5
c) period between competitions ?	14	43,8	12	37,5	6	18,8
d) other regulations in order to safeguard the athlete's health ?	16	50	13	40,6	3	9,4

N.A. no answer



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A P P E N D I X

- 1) What do you consider in your sport as the **underlying reasons** which could lead an athlete to take dope ?
1. 16 Federations, 6 of them Olympic, stated that they have no doping problem; one declared that it would remain **vigilant**, another states that it **knows** that at present doping does not exist in its sport - which suggests that checks are made - a third has had **only one case of doping in ten years** of checks, another has had **no case since 1972** and finally one Federation has **never** had a case of doping in spite of checks being carried out.
 2. 8 Federations answer that it is quite simply "**in order to win**".
There are in their comments several mentions of the **pernicious influence of the glorification of sport**, of the influence of the mass media which are only interested in **records** and that of **commercialization**, either from personal interest or under pressure from other social entities such as the economy or industry, and finally, the **pressure of official circles**. The influence of **coaches** is also mentioned.
 3. 3 Federations spoke of the need to **combat nervous tension** or to **overcome the effects of failure**.
 4. The 2 motorized sports, motorcycling and motorboating, mentioned the same reason, either "to increase **daring** or to lessen **fear**". Another Federation wrote of the increase in aggressiveness for contests.
 5. One Federation mentioned the wish to overcome **illness** or **injuries** in competition.
 6. One martial art Federation wrote of the **lessening of pain** caused by the blows of the opponent.
 7. One Federation cited the necessity of **recovering rapidly** between the periods of the game.
 8. Finally one Federation mentioned the absence of information and a certain curiosity in a sport where it is difficult to imagine technical reasons for doping. It suggested developing information and discussion with the athletes.

19/8/85