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FINAL DECLARATION

OF THE VIIIth EUROPEAN SPORTS CONFERENCE

Athens, 27 September - 1 October 1987

Extract on Doping

### 13. Antidoping Working Group

The report was presented by its Chairman Sir Arthur Gold (United Kingdom). In it he outlined their approach to the problem summarising the work that had been done and listed the following areas for future work.

- (1) to discuss the full implementation of doping controls and anti-doping education with the IOC and WHO,
- (2) to seek more information on the needs of doping laboratories,
- (3) to seek to implement an out of competition testing programme,
- (4) to harmonise antidoping regulations of international sports federations.

During the discussion the Conference was pleased that the delegates from Austria, France, Hungary, Norway, Sweden, Finland, United Kingdom, all placed on record their own positive moves towards antidoping controls and in particular that of Mr. Sebastian Coe (United Kingdom) who spoke not only as the Vice Chairman of the U.K. Sports Council but as a current Olympic athlete.

United Kingdom would continue to strive to stamp out the evil of drug abuse in all sports.

The offer by Sweden and Hungary to organize seminars on this topic will be placed on the agenda of the next Working Group meeting planned for November 1987. Conference accepted the Swedish proposal that the future work programme include consideration of education as an aid to influencing attitudes to doping.

The Conference noted and welcomed the appeal made by the participants to the 36th meeting of leaders of Sports Organizations in socialist countries to extend the impact and implementation of anti-doping measures.

The report of the Working Group was adopted and the following recommendations agreed:

- (1) That government agencies should co-operate to restrict the movement of banned substances.
- (2) That European countries should establish bilateral and multi-lateral agreements to facilitate out-of-competition testing.
- (3) That the IOC and international sports federations should be asked to draw up stricter eligibility rules to prevent banned athletes from competing at high level.
- (4) That international sports federations should impose realistic penalties to discourage doping.

- (5) That pharmaceutical companies should be encouraged to include on their labels information on whether a product contravenes IOC doping rules.
- (6) That where existing regulations do not already allow, a competitor competing in another country should be included in the random selection of competitors.
- (7) That the supply of anabolic steroids should never be available except on prescription to a named person.
- (8) That European countries should produce educational and promotional material showing both the moral and practical dangers of drug abuse.
- (9) That all European countries should form a drug abuse advisory group.
- (10) That a European seminar on anti-doping procedures be held in 1988.
- (11) That all European countries should adopt the practice of a voluntary register for doping control in and out of competition for all athletes as a criterion for national selection.
- (12) That the ESC associates itself with sponsored seminars designed to provide further and better recommendations for more effective implementation of anti-doping measures.

The Conference approved the report and the continuation of the Working Group with the addition to its membership of DDR.